



Cindy Ashton Press Bio

Cindy Ashton is a Toronto & Los Angeles based singer, entertainer & speaker who frequently tours internationally. She is also the author of *Kiss Your Monsters Goodbye* and has received President Obama's "Call to Service" award for her outstanding volunteerism.

Audiences rave about her vocal versatility and infectious energy. They love the element of surprise as they enjoy her unique blend of comedic tales & inspiring stories mixed in with Broadway, Cabaret and Jazz repertoire.

Cindy has performed numerous times on stage, in recordings and on film including playing the lead roles of "Cindy" in the musical *Suds* and "Miss Hannigan" in *Annie*, singing opera arias for the *Downsview Symphony* and making audiences laugh as a company member of *R9 Comedy Troupe*. Her debut album, *Don't Rain On My Parade*, was released in 2006.

Born with only a 20% chance of living, Cindy underwent three heart surgeries by age 14 and was left in chronic pain and with a damaged lung. Recovering beyond doctor's expectations, she has gone on to complete an Honors Bachelor's degree in Music and Kinesiology from *York University* as well as study with *Randolph Academy for the Performing Arts*, *Second City* and *Livent of Canada*.

Touring all over North America, Cindy has given over 100 keynote speeches and workshops on overcoming fears, sharing the stage with such motivational powerhouses as Barbara De Angelis, Lisa Nichols and Bob Proctor.

An internationally published writer, Cindy was published in *Performance Magazine*, alongside Donald Trump and Tony Robbins. Amongst hundreds of media, she has been featured on *CBC Radio*, *Metro News*, *Living Clean Show* on CTS and was on the front page of the *TIMES*, *lifestyle section* in PA.

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